



# Ehlen Heldman

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## Be Aware of the Tax Implications of Dividends

Dividends are a valuable income stream for many investors, but their tax treatment can impact your overall financial success. Knowing how dividends are taxed and strategically planning where to hold dividend-paying investments can help maximize your returns and minimize your tax liabilities.



### Types of Dividends and Taxation

Dividends generally fall into two categories: qualified and ordinary (non-qualified). Qualified dividends are taxed at the lower capital gains rates, which range from 0% to 20%, depending on your taxable income and filing status. In contrast, ordinary dividends are taxed at regular income tax rates, which can reach as high as 37% for top earners. Additionally, your state may also impose taxes on dividends, further impacting your overall return.

Understanding which type of dividend you are receiving is essential, as it can make a significant difference in the taxes you owe.

### Choosing the Right Account

One of the most effective ways to manage the tax implications of dividends is by choosing the right type of account for your investments. Tax-advantaged accounts, such as IRAs or 401(k)s, allow dividends to grow tax-deferred or even tax-free, depending on the account type. For example, in a traditional IRA, you won't pay taxes on dividends until you withdraw the funds, while in a Roth IRA, dividends can be withdrawn tax-free under certain conditions.

On the other hand, taxable brokerage accounts require you to pay taxes on dividends in the year they are received. However, placing qualified dividend-paying stocks in these accounts may still be beneficial if you're in a lower tax bracket, as you can take advantage of the favorable capital gains tax rates. Receiving dividends in taxable accounts may increase your taxable income and could affect taxation of other types of income, such as Social Security benefits.

### Tax-Loss Harvesting

Tax loss harvesting involves selling securities or assets in your investment portfolio that have declined in value to realize a loss. These realized losses can then be used to offset capital gains from other investments, including dividend income, thus reducing your overall taxable income. If your total capital

losses exceed your capital gains, you can use up to \$3,000 of the excess loss to offset other types of income and carry forward any remaining losses to future tax years.

Navigating the complexities of dividend taxation and deciding where to hold your investments can be challenging, but it doesn't have to be. If you're unsure of how to optimize your dividend strategy or want personalized guidance on choosing the right account registration for your investments, we can help. Reach out today, and let's ensure your investments are working as efficiently as possible for your long-term financial goals.

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